



# DIETARY REQUIREMENTS

# GLUTEN FREE PACKAGED BITES

## TEA & COFFEE

*All served with oat & dairy milk. Minimum order for tea & coffee total is 5 servings.*

Fairtrade tea and speciality filter coffee,  
mini wrapped GF brownie £3.75pp

Fairtrade tea and speciality filter coffee,  
GF wrapped Raspberry oat bar £5.40pp

Fairtrade tea and speciality filter coffee,  
GF wrapped Flapjack £5.40pp

## SOMETHING SWEET

*Order a little packaged GF bake to go with an afternoon break or after lunch. These are our favourite products and come packaged from Gluten Free suppliers.*

We Love Cake Vegan Gluten Free Cherry Bakewell **VE** £2.90

Mrs Crimbles Gluten Free Macaroon £1.95

Handmade Cake Company Gluten Free Brownie £3.50

Trek Bar **VE GF** £2.90

*GF – Gluten Free, VE – Vegan, V – Vegetarian*





# GLUTEN FREE PACKAGED LUNCH

To ensure you can enjoy a completely Gluten Free lunch we can offer our Gluten Free lunch boxes that are all individually wrapped and from GF accredited suppliers.

Gluten Free Individual Lunch box ▼ £10.50pp  
Wrapped GF Cheddar Ploughman's Sandwich  
Packet of GF Kettle Crisps  
Mini Gluten Free Vegan Brownie  
Canned water

Gluten Free Individual Lunch box ▼ £10.50pp  
Wrapped GF Egg Mayo Sandwich  
Packet of GF Kettle Crisps  
Mini Gluten Free Vegan Brownie  
Canned water

Gluten Free Individual Chicken Lunch Box £11pp  
Wrapped GF Roast Chicken Salad Sandwich  
Packet of GF Kettle Crisps  
Mini Gluten Free Vegan Brownie  
Canned water

We can supply our buffet lunches with no gluten containing dishes but due to our kitchen using gluten we cannot guarantee the items will not contain traces of gluten.

If you would like to enjoy sit down dining with us our chefs are happy to prepare non gluten containing dishes for you, but this may contain traces and cannot be guaranteed gluten free.

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# NUT FREE PACKAGED

## INDIVIDUAL PACKAGED NUT FREE LUNCHES

Wrapped Simply Lunch Egg & Cress sandwich <b>V</b> Kettle crisps Nestle Kit Kat Can of Water	£10.50pp
Wrapped Simply Lunch Falafel & Yoghurt Wrap <b>V</b> Kettle crisps Nestle Kit Kat Can of Water	£10.50pp
Wrapped Simply Lunch Chicken Salad sandwich Kettle crisps Nestle Kit Kat Can of Water	£11.00pp
Wrapped Simply Lunch Chicken Caesar Salad Kettle crisps Nestle Kit Kat Can of Water	£11.50pp
Wrapped Simply Lunch Mozzarella & Pesto Pasta Salad <b>V</b> Kettle crisps Nestle Kit Kat Can of Water	£11.50pp

## SOMETHING EXTRA

Nestle KitKat	£1.50
Soreen Loaf	£1.50
Kettle Crisps	£1.50
Maltesers	£1.50
Propercorn Popcorn	£1.50
Olly's Pretzels	£1.50

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As a hospitality kitchen, we use a wide range of nuts in our kitchen and the event space. We cannot guarantee the absence of nuts within dishes.  
 We confirm that we will follow our company process regarding making sure we do allergen sheets. But we want to highlight that our food **MAY CONTAIN NUTS** unless from nut free suppliers and sealed.



## KOSHER & HALAL

Our catering is primarily vegetarian as standard and therefore is suitable for Halal diets. If you do want to order a Halal packed lunch with meat, then you can contact our team and we can assist with this.

[UCLHospitality@gatherandgather.com](mailto:UCLHospitality@gatherandgather.com)

*Hermolis*<sup>®</sup>

If you are Kosher, then we can use an external supplier called Hermolis who can cater for you. We are happy to get a quote for you from these caterers who can then send out your meal packaged and can be served at the same time as other food.

We charge cost price for Hermolis as they are specialist suppliers, and it is not something we can offer, please be aware that the quote comes straight from them.

If you have a dietary need that you would like packaged food for then please contact our office at

[UCLHospitality@gatherandgather.com](mailto:UCLHospitality@gatherandgather.com)